



He Said/She Said

Clip No. 1 ... Study by Michael Catt

CATHOLIC STUDY GUIDE



- THE BURNING QUESTION:** How can you better fulfill your God-given role in marriage?
- SCENE SET-UP:** Both Caleb and Catherine Holt recognize their marriage is in trouble. In what comes across as humorous, true-to-life conversations, they are actually both running down the other person and complaining about all of his or her faults.
- SCENE SELECTION:** Scene 4 (He Said/She Said)
- TOPICS DISCUSSED:** Communication. Misunderstanding. Differences Between Men and Women. Gossip. Respect. Sensitivity.
- BACKGROUND INFO:** Caleb Holt feels his wife shows him no respect for the hours he spends working and the passion he puts into his job as a fireman. On the other hand, Catherine Holt believes Caleb is insensitive and the root of the problems in their marriage.
- KEY STUDY SCRIPTURES:** Proverbs 15:1; Ephesians 5:21-33; James 1:19; 1 Peter 3:1-9

DISCUSSION QUESTIONS

1. What does respect look like for most husbands? Why is respect such a crucial issue for men?
2. How do you think wives can best show respect for their husbands?
3. What does sensitivity to feelings look like for most wives? Why is emotional understanding and connection such a crucial issue for women?
4. How can husbands better connect emotionally with their wives?
5. What is the harm in speaking ill of your spouse to your friends, family, or co-workers? What's a better way you can you deal with misunderstandings between you and your spouse?
6. Are you quick to listen and slow to speak when communicating with your spouse?
7. Name one specific way you can honor your spouse this week.

**“In any case, each one of you should love his wife as himself, and the wife should respect her husband.”
Ephesians 5:33 (NAB)**

ANSWERING THE BURNING QUESTION: Without focusing on the shortcomings of your spouse, how can you better fulfill your God-given role in marriage? Be honest and admit if things are undermining or destroying your marriage. Identify specific areas and deal with them in specific ways. Develop a biblical strategy of response, and invest time, energy, and prayer in dealing with the destructive forces in your marriage. Don't allow barriers to build up that can hinder your communication with one another. Remember that famous line from the movie *Cool Hand Luke*? “What we have here is a failure to communicate.” Much marital strife relates to lack of communication. If you're a husband, learn how to speak your wife's language of love and emotional understanding. If you're a wife, learn to speak your husband's language of respect. By focusing on changing yourself (and not speaking badly about your spouse to other people), you will ultimately change your marriage.



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