Remember back to your dating days—the excitement you felt? Now you can reclaim that same spark, connection, and creativity in your marriage through intentional, memory-making, skill-based dates. Date alone or get the whole church involved! It’s a great outreach into the community. If you’re the church on the corner offering fun dates and free or low-cost childcare, they will come! Couples come for fun dates and go home with bible-based marriage skills. So go on, and get the sizzle back! Here are some great dates to get you started!

**Great Dates for Married Couples:**

*Memory Lane Date* – Take a trip down memory lane. Talk about when you first met and fell in love and enjoy remembering some of your best moments together. Revisiting the good times in the past will energize your relationship in the present!

*Prayer Date* – Praying together promotes spiritual intimacy so why not have a prayer date? Go for a hike or walk and take turns praying for each other, your marriage and your family.

*What We Want for Us Date* – Make a list of goals you want to set for your marriage. Is there an area that you both would like to work on? Maybe you want to put some sizzle back into your love life. Why not have a bookstore date and choose a book to read together.

Claudia and David Arp, MSW, founders of Marriage Alive, are popular speakers and award-winning authors of numerous books including the *10 Great Dates®* series. Their *10 Great Dates®* DVD-based curriculum is a fun, male-friendly, teach-right-out-of-the-box program that is utilized by churches and community marriage initiatives across the country.

*10 Great Dates®* (also in Spanish and Korean) received the Smart Marriages Impact Award and has proven to be a wonderful bridge between churches, faith-based groups and the community.

For more information on the Arps and *10 Great Dates®* Resources or to get an “Official Great Date Guide” for FIREPROOF go to: www.marriagealive.com